



SAMPLE MENU FOR THE WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
Hot or Cold Cereal Scramble Eggs Hashbrown Patties Sausage Danish Roll PAB	Hot or Cold Cereal Waffles Bacon Fruit PAB	Hot or Cold Cereal Eggs Sausage Toast Fruit PAB	Hot or Cold Cereal Scrambled Eggs Bacon Toast Fruit PAB	Hot or Cold Cereal Pancakes Sausage Fruit PAB	Hot or Cold Cereal Fried Eggs Hashbrown Patties Toast Fruit PAB	Hot or Cold Cereal French Toast Bacon Fruit PAB
MID-DAY DINNER						
Roast Beef with Gravy Mashed Potatoes Seasoned Vegetables Dinner Rolls Fruit Pie	Sweet & Sour Chicken Rice Oriental Vegetables Fortune Cookie Ice Cream	Spaghetti with Meatsauce Tossed Salad Garlic Bread Chocolate Cake	Beef Stew Green Salad Breadsticks Seasoned Corn Pineapple Fluff	Chicken Enchilada Feista Rice Seasoned Peas Cinnamon Baked Apples	Stuffed Salmon Boat Au Gratin Potatoes Lemon Poppy Seed Cake	Chicken al a King over Steamed Rice Seasoned Vegetables Trifle Mixed Berry
SUPPER						
Scalloped Potatoes with Ham Seasoned Green Beans Chocolate Pudding	Corned Beef Sandwich Cream of Broccoli Soup Soup Apricots	Turkey & Swiss Sandwich on Wheat Beef Barley Vanilla Pudding	Tuna Noddle Casserole Seasoned Vegetables Ice Cream	Cheeseburger Casserole Tossed Salad Jell-O with Whipped Cream	Grilled Ham & Cheese Sandwich Tomato Soup Fresh Baked Cookies	Roast Beef Sandwich Navy Bean Soup Creamy Hot Chocolate with Marshmallows